

US PARTICIPATION IN CISM SAILING

Sailing has been included in CISM since the first modern world games in 1949. Initially it was part of the Naval Pentathlon during Sea Week. Since 2001 it has had a separate world military sailing championships and CISM Sport Technical Committee. A typical championship lasts seven to nine days and used boats supplied by the organizers. To be successful at the World Military Championships it is a sport that does not typically require full time and dedicated training to be successful.

USA RESULTS

With Armed Forces Sport support, the US has won 11 championships and made the podium 16 times in the 24 championships we have participated in.

Recent results in recent World Military Sailing Championships are:

2008	41st (Soenderborg, DEN)	DNC
2007	40th (Mumbai, IND)	16th/25 countries
2006	39th (Mumbai, IND)	DNC
2005	39th (Brest, FRA)	1st/18
2004	38th (Marin ESP)	3rd/20
2003	37th (Catania ITA)	8th/20
2002	36th (Victoria CAN)	3rd/15

A typical after action report detailing the 2005 win in Brest can be found at:

<http://www.defenselink.mil/armedforcessports/docs/saicism05.pdf>

TYPICAL TEAM

A team usually consists of five to seven members: the number of competitors sailing on the boat (2 to 4), one alternate, a coach and a Chief of Mission (often also serves as the the Team Captain).

Because of the nature of sailing, the team members are usually very active in competitive sailing either as an avocation or actively pursuing an Olympic campaign.

BOATS

The type of boat chosen for the world championship is usually one designed for two or three adults. It is either a dinghy or keel boat and usually has a spinnaker. Examples of boats are:



Giros 34 (6-person)
Catania ITA



Enterprise (2-person)
Mumbai IND



Olympic Yngling (3-person)
Soenderborg DEN

KEYS TO SUCCESS

US sailors have placed in the top three in 63% of the championships we have attended. The keys to success have been:

1. Resumes:
 - Selection of individuals with competitive success at least at the continental level.
 - Selection of former college All American Team members.
2. Pre-championship training:
 - At least six days, and preferable fourteen days, of training and competition as a team and in the class of boat before attending to the championship.
3. Pre-regatta preparation:
 - Arrival at the competition at least 1/2 day for every time zone traveled.

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Coach 02,03

CISM Sailing TC member 04-06

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