



## **2009 ARMED FORCES MEN'S AND WOMEN'S TAEKWONDO CISM QUALIFIER**

**1. COMPETITION RULES:** Current World Taekwondo Federation (WTF) and USA Taekwondo (USAT) Rules, as amended by the Armed Forces Sports Council (AFSC) and/or the Permanent Technical Sports Committee (PTSC) governing the sport of Taekwondo. These rules only apply to competitions selecting a team for the World Military (CISM) Championship. Further instructions will be disseminated for competitions not involving team selection for CISM.

- a. Competition will be conducted in sparring (gyoroogi) only
- b. There will be no competition for forms (poomsae) or breaking.
- c. All athletes, coaches, and administrators shall observe the decorum code of USA Taekwondo.

**2. ELIGIBILITY:** All competitors must possess the following:

- a. Black belt certificate from the WTF (Kukkiwon)
- b. Membership in USA Taekwondo (USAT) for the year in which the competition is conducted (since the qualifier is a sanctioned event).
- c. Valid passport in their possession at the time of the qualifier.

**3. WEIGHT CLASSES:**

**MEN:**

- FIN – < 54 kg or not exceeding 118.8 pounds
- FLY – < 58 kg or not exceeding 127.6 pounds
- BANTAM – <62 kg or not exceeding 136.4 pounds
- FEATHER – < 67 kg or not exceeding 147.4 pounds
- LIGHT – < 72 kg or not exceeding 158.4 pounds

WELTER – < 78 kg or not exceeding 171.6 pounds

MIDDLE – < 84 kg or not exceeding 184.8 pounds

HEAVY – + 84 kg or over 184.4 pounds

**WOMEN:**

FIN – < 47 kg or not exceeding 103.4 pounds

FLY – < 51 kg or not exceeding 112.2 pounds

BANTAM – < 55 kg or not exceeding 121.0 pounds

FEATHER – < 59 kg or not exceeding 129.8 pounds

LIGHT – < 63 kg or not exceeding 138.6 pounds

WELTER – < 67 kg or not exceeding 147.4 pounds

MIDDLE – < 71 kg or not exceeding 158.4 pounds

HEAVY - + 71 kg or over 158.4 pounds

**“Not Exceeding”**

The weight limit is defined by the criterion of two decimal places away from the stated (in hundredths). For example, “not exceeding 50kg goes up to 50.009kg, with 50.01kg being over the limit.

**“Over”**

50.01kg is considered over the 50kg mark. 49.99 is considered insufficient.

**4. TOURNAMENT FORMAT:** As a qualifier for the USAT National Championships as well as the CISM Championship, the event will be sanctioned by USA Taekwondo.

Participants	Matches and Awards
Two participants	Match – one match will be fought.  Medal - One Gold medal will be awarded.
Three participants	Matches - The participants will compete in a round robin.  Medals - One Gold and One Silver Medal will be awarded.
Four participants	Matches - The participants will compete in a round robin.  Medals - One Gold and One Silver medal will be awarded. The two losing semi finalists will compete for a single Bronze medal.

NOTE: When only one Armed Forces competitor is entered for a weight class, qualified local athletes, if available, may provide exhibition competition to better establish qualifications

of the Armed Forces personnel. Other exhibition between adjoining weight classes may be scheduled upon the agreement of coaches and service representatives present.

**5. SCORING:** Electronic scoring will be utilized. Electronic body protectors (hogus) and headgear will be utilized provided CISM Championship will be employing such devices at their championship.

**6. DRAW PROCEDURES:** A blind draw is used. No competitors will be present at the draw. Service Representative and/or team OIC or coach(s) must be present for the draw.

**7. SCHEDULED WEIGH-INS AND PHYSICALS:** Weigh-ins are to be conducted in the afternoon or evening of the day prior to competition and will be supervised by the Tournament Director. Women's division weigh-ins shall be conducted in an area separate and divided from the men's weigh-in area. A female administrator shall supervise women's weigh-ins.

a. The weigh-in, for both male and female competitors, shall be taken in the official V-neck uniform only. However, if a competitor wishes, weigh-in may be done in underpants (men) or underpants and brassier (women). Under no circumstances may an athlete weigh-in in the nude in the United States.

b. So as not to be disqualified during the official weigh-in, a scale, identical to the official scale, shall be provided at the athletes' lodging area or training area for pre-weigh-ins.

c. Any competitor shall be permitted a maximum of two attempts to weigh-in. If he/she is not within the permitted weight range for the weight class on the first attempt, he/she has the remainder of the one-hour weigh-in period to make weight. One additional weigh-in is permitted. If the athlete does not make weight on the second attempt, he/she is disqualified.

**8. TIE BREAKER PROCEDURES:** IAW current USA Taekwondo Rules.

**9. EQUIPMENT:**

a. All participants are responsible for furnishing their own WTF approved competitive gear including uniform (dobok), chest protector (hogu), forearm and shin guards, groin protector, protective head gear, gloves, and mouth guard.

b. All gear must meet the specifications of WTF.

**10. SCHEDULE OF EVENTS:** (all times may be adjusted by the host within established guidelines

Day 1                      0900-1600      Teams Arrive, team training

Day 2	0900-1600 NLT 1600 hrs 1700	Team training Weigh-ins (one hour allotted to make weight) Organizational Meeting (Draw)
Day 3	1030 1200  1600 1830	Team photos and opening ceremony practice (as required) Opening Ceremonies Competitions (immediately after opening ceremonies) Awards Ceremony (immediately after conclusion) Championship ice-breaker/social/banquet

**Awards Ceremony** - (Following the final bout) Service teams are required to wear like-Service issued team apparel or competitive uniforms at the awards ceremony. Individual athletes who do not comply will not receive awards or be selected to the Armed Forces team. If the Awards Ceremony is conducted in conjunction with the Ice Breaker, then all Service Members must comply with Ice Breaker dress policy.

Day 4            Rest Day

Day 5            Departure of all personnel not selected to CISM team

**11. TEAM COMPOSITION - ARMED FORCES QUALIFIER:**

Roster not to exceed 20 individuals:

- 8 Male Competitors
- 8 Female Competitors
- 1 Coach
- 1 Asst Coach
- 1 Certified Trainer/Doctor
- 1 OIC

TOTAL: 20

**12. TEAM COMPOSITION FOR CISM:** As follows or as dictated by host country invitation:

- 8 Male Competitors
- 8 Female Competitors
- 1 Coach
- 1 Asst Coach
- 1 Team Captain
- 1 Certified Team Trainer/Doctor
- 1 Chief of Mission
- 1 Technical Committee Member

2 WTF Certified International Referees  
TOTAL: 24

**Coach Selection Policy:** The Head Coach for the Armed Forces Team will be the overall winning Head Coach of the Armed Forces Championship. The Assistant Coach of the Armed Forces Team will be the overall second place Head Coach of the Armed Forces Championship.

**13. ATHLETE ADVANCEMENT TO HIGHER LEVEL:** A gold medalist advances to higher level competition. If the gold medalist is not available, the silver medalist advances. If neither gold nor silver medalist is available, or the weight class was unfilled, the weight class will not be filled unless the AFSWG (or coaches/service reps in attendance) vote on an exception to policy to allow another qualified athlete to substitute into that weight class.

a. All athletes advancing to higher-level competition should have competed at the Armed Forces Qualifier, but can be considered if the gold or silver medalist is unavailable on a case- by-case basis.

b. All available means will be used to assess competitiveness for CISM for any competitor who wins a Gold Medal uncontested (without having fought) at the Armed Forces qualifier. These means will include, but are not limited to, exhibition against another weight class, assessment during training camp, and previous known performance.

c. Due to the combative nature of the sport of taekwondo, all athletes will be evaluated by the coaches and service representatives in attendance prior to selection to the CISM team to ensure the safety of all participants.

**14. FORMS AND ROSTERS:**

a. Service Team Rosters must be submitted to the Host Project Officer by established deadlines – normally 7-10 days prior to competition. Weight classes for participation must be declared upon submission.

b. All Higher Level Advancement forms must be submitted at the Organizational Meeting.

c. Copies of all necessary forms (kukkiwon, passport, membership cards) will be verified at the organizational meeting. Competitors without appropriate and complete documentation will not be permitted to participate.

**15. ALCOHOL POLICY:** There will be no alcohol consumption at the sports venue

by personnel involved in the Armed Forces Sports competition, including sports staff, until all competition for the day has been completed to include the award ceremony on the final day. The venue is defined as the playing area and the assigned seating/spectator area.