

## **Welcome to the Service Member Section of the Family Readiness Programs Toolkit**

The purpose of this section is to provide you the information and resources you need to ensure your readiness and your family's readiness to face the challenges your military service may bring. Family readiness is your responsibility. Your chain of command and family readiness professionals are there to help, but you must take charge of your personal affairs. If you're single, you owe it to yourself, your parents and other relatives, as well as your employer, to plan for the future. If you're married, your spouse and children must be prepared for the disruptions that your deployment may bring.

Personal and family readiness is serious business and requires planning and preparation. This section contains the tools you need to plan and prepare for any eventuality. You should review each section and take the time to complete each checklist and worksheet. Carefully research each item and make sure the information you collect is accurate and up-to-date. Protect your hard work by storing checklists and worksheets in a safe place where you and your family members can easily refer to them. If you're married, brief your spouse on all aspects of family readiness. If you are single, make sure a parent, sibling, or other trusted individual is fully informed of all-important information, including the location of important documents.

The contents of this Toolkit have been developed to assist you in your efforts to support family readiness. Every effort has been made to ensure that the information provided is current and accurate. However, because statutory and regulatory changes may have occurred since the publication of this Toolkit, the Office of the Assistant Secretary of Defense for Reserve Affairs cannot assume responsibility for its continued accuracy. Before taking any significant action based on the contents of this Toolkit, you should contact your Family Readiness Program representative or legal officer, as appropriate, to secure the most current information.