

HOTLINES AND FAMILY SUPPORT INFORMATION NUMBERS

ARMY

1-800-833-6622

PURPOSE: The purpose of the Army Family Assistance Hotline is to provide families and loved ones caring support in the form of accurate information, useful resources, and helpful referrals related to family issues. The Family Assistance Hotline is a "safety net" for those who have exhausted all other information resources.

AIR FORCE

1-800-435-9941

PURPOSE: This line is an information and referral resource for both active and reserve Air Force service members and families.

NAVY

1-800-FSCLINE or 1-800-372-5463

MARINE CORPS

1-800-336-4663 — For Marines stationed East of the Mississippi River (minus Wisconsin)

1-800-253-1624 — For Marines stationed West of the Mississippi River (plus Wisconsin)

NATIONAL GUARD BUREAU

1-888-777-7731 (Headquarters NGB)

There is also an 800# for each NG state coordinator—may be accessed through this number

DEFENSE LOGISTICS AGENCY (DLA)

1-800-222-0364:

PURPOSE: **DLA Life Connections** is an Employee Assistance Program that offers information and referral assistance with the following issues:

- **Family**-Adoption, Prenatal Care, Child Care, Adult Care, Parenting, Relationships, Domestic Violence, Aging Loved Ones
- **Health & Wellness**-Diet/Nutrition, Fitness Programs, Children's, Men's and Women's Health
- **Education**-Preschools, Schools, Special Education, Colleges, Financial Aid..
- **Financial/Legal** - Credit/Debt, Insurance, Retirement/Estate Planning, Taxes, Wills.
- **Daily Life**-Automotive Services, Home Improvement, Moving, Pets, Special Events, Travel
- If calling from OCONUS- dial 1-314-264-7702 and ask operator to reverse charges in addition to using the website.

US COAST GUARD

1-800-872-4957, EXT 932 (this is the Coast Guard EAP for HQ - Work-life program)

DEPLOYMENT HEALTH SUPPORT HOTLINE:

1-800-497-6261

PURPOSE: Contact manager provides accurate and up-to-date deployment health information about present and past military deployments to service members, veterans, family members and the general public. As needed, the Deployment Health Support Directorate provides case management and referral services. Hours of operation: 9:00 a.m. to 9:00 p.m. EST. Associated Web sites include DeploymentLINK and GulfLINK.