

Joint Advertising and Marketing Research & Studies  
Direct Marketing Program Officer  
Attention: Opt Out  
4040 North Fairfax Drive, Ste. 200  
Arlington, VA 22203-1613

Attention Direct Marketing Program Officer:

Please remove all information and data regarding the following individual from the JAMRS military recruitment database:

Full Name: JOHN G DOE  
Date of Birth: 01-01-1980  
Address: 123 SOUTH SMITH AVE APT A  
City: TEXASVILLE  
State: TX  
Zip: 12345

I understand that it may take up to six months before this may take effect.

Signature: John G. Doe Date: 01-01-2007  
(Parent or legal guardian if individual is a minor; individual him/herself if 18 or over)